# CONFIDENTIAL CLIENT INFORMATION & QUESTIONNAIRE

Nu View Integrative Wellness A 123 Scurfield Blvd. Wpg. MB Contact: Maria De Stefano Cell phone: 204.430.4463 Email: <u>maria@nuviewwellness.com</u>

Important Preparatory Notes:

- 1. Please fast for 3-4 hours prior to the analysis. Eating prior to analysis will cause obscure results. Drinking water is fine and recommended.
- 2. Please shut off and insert cell phone in your assigned Faraday pouch upon entry to preserve integrity of blood sample.

### 1. Client Details

Surname		First Names			Title	
Date of Birth Age		Age	I.D. Number			
Occupation			Home Language Marita		Marital	Status
Tel (H)	Tel (B)		Cell	E-Mail		
Home Address						
						Code
Postal Address						
						Code
Work Address						
						Code

### 2. Person Responsible for Account

Names		Relationship	0
Address			
			Code
Tel (H)	Tel (B)	Cell	

#### 3. Referred by / How did you hear about the practice?

Names		Tel

The purpose of this questionnaire is to assist you in identifying the sources and causes of your health challenges. As such, it focuses on questions relating to any symptoms you may be experiencing, lifestyle, treatments and conditions you have been diagnosed for. Answer all questions as best as you can to assist us in helping you on your path towards restored and better health.

#### 4. Current Medication & Supplements

Medicine	Daily dosage	Date commenced
Medicine	Daily dosage	Date commenced
Medicine	Daily dosage	Date commenced
Medicine	Daily dosage	Date commenced
Medicine	Daily dosage	Date commenced
Medicine	Daily dosage	Date commenced
Supplement	Daily dosage	Date commenced
Supplement	Daily dosage	Date commenced
Supplement	Daily dosage	Date commenced
Supplement	Daily dosage	Date commenced
Supplement	Daily dosage	Date commenced
Supplement	Daily dosage	Date commenced

#### 5. Main Complaint(s)

a)	When did it start?			
How often do you experience the symptom?				
What relieves and aggravates the condition?				
b) When did it start?				
How often do you experience the symptom?				

What relieves and aggravates the condition?				
c)	When did it start?			
How often do you experience the symptom?				
What relieves and aggravates the condition?				
d)	When did it start?			
How often do you experience the symptom?				
What relieves and aggravates the condition?				

## 6. Medical History

Diagnosis	Date diagnosed	Current  _ / Previous  _
Diagnosis	Date diagnosed	Current  _ / Previous  _
Diagnosis	Date diagnosed	Current 🗆 / Previous 🗆
Diagnosis	Date diagnosed	Current 🗆 / Previous 🗆
Diagnosis	Date diagnosed	Current  _ / Previous  _

## 7. Surgical History

Surgery	Date performed
Surgery	Date performed
Surgery	Date performed

### 8. Family Medical History

Father
Mother
Grandfather (paternal)
Grandmother (paternal)
Grandfather (maternal)
Grandmother (maternal)
Siblings
Children

### 9. General Health

Energy levels (please rate): excellent □ good □ fair □ poor □	Lowest at
	(time)
Sleep (please rate): excellent □ good □ fair □ poor □	No of hours:
Appetite (please rate): good □ poor □	No meals per day

## 10. Diet & Digestive System

(Please provide details on your average daily diet)						
Breakfast				Time		
Mid-morning snack				Time	Time	
Lunch				Time		
Midafternoon snack				Time		
Dinner				Time		
(Please specify how often the following foods are consumed per week)						
Alcohol	Bread		Ceylon tea		Cheese	
Coffee	Fried foods		Fruit		Junk foods	
Meat	Milk		Snack foods		Soft drinks	
Sugar	Vegetables		Water		Wheat	
Do you experience any of the following?						
Bloating		Nausea		Heartbu	urn	
Constipation	Diarrhea		Other			

## 11. Additional Information

Do you experience any symptoms in the following areas?		
Menstrual Cycle	Details	
Urinary Tract	Details	
Sexual Function & Libido	Details	
Dizziness	Details	
Head	Details	
Eyes	Details	
Mouth	Details	
Ears, Nose, Throat	Details	

Chest	Details
Joints / Limbs	Details
Skin	Details
Stress Levels	Details

#### 12. Health Goals

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Which health concerns are most important for you at the moment?

#### **Consent and Indemnity**

consent to have capillary blood

drawn and my blood analyzed by the live blood analysis practitioner at this clinic.

I understand that the practitioner has received formal training in live & dry naturopathic blood analysis and that all necessary infection control measures are followed as stipulated by the Department of Health. I understand that live blood analysis is not a medical diagnostic procedure, that it does not replace the advice of a medical practitioner, and that it is utilized as a nutritional assessment and education tool to assist with dietary and lifestyle recommendations.

I hereby indemnify the practitioner against any claim regarding my analysis, excluding those arising from malpractice.

Signature	of	client	/	guardian:	
Date					